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VARIABLE EXPRESSIVITY OF *HJV* RELATED HEMOCHROMATOSIS: “JUVENILE” HEMOCHROMATOSIS?

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Running Title: Late Juvenile Hemochromatosis

ABSTRACT

Juvenile hemochromatosis is a rare autosomal recessive disease due to variants in the Hemojuvelin (*HJV*) gene. Although biological features mimic HFE hemochromatosis, clinical presentation is worst with massive iron overload diagnosed during childhood.

Our study describes clinical features and results of genetic testing for a group of patients initially referred for a hepcidino-deficiency syndrome and for whom *HJV* hemochromatosis was finally diagnosed. 662 patients with iron overload and high serum transferrin saturation were tested, and five genes (*HFE*, *HJV*, *HAMP*, *TFR2*, *SLC40A1*) were sequenced.

Among our cohort, ten unrelated patients were diagnosed with *HJV* hemochromatosis. Genetic testing revealed five previously published and five undescribed variants: p.Arg41Pro, p.His180Arg, p.Lys299Glu, p.Cys361Arg and p.Ala384Val.

Surprisingly, this study revealed a late age of onset in some patients, contrasting with the commonly accepted definition of “juvenile” hemochromatosis. Five of our patients were 30 years old or older, including two very late discoveries. Biological features and severity of iron overload were similar in younger and older patients

Our study brings new insight on *HJV* hemochromatosis showing that mild phenotype and late onset are possible. Genetic testing for *HJV* variants should thus be performed for all patients displaying a non-p.Cys282Tyr homozygous HFE hemochromatosis with hepcidin deficiency phenotype.

INTRODUCTION

Juvenile hemochromatosis is a rare autosomal recessive disease, known to be responsible for severe iron overload in young patients, due to deleterious variants in the *HJV* (or *HFE2*) gene. *HJV* is located on chromosome 1q and encodes a 426 amino acid protein called hemojuvelin (HJV) (1) which is a bone morphogenic protein 6 (BMP6) co-receptor. Hemojuvelin is a critical regulator of hepcidin expression, acting downstream of HFE or TFR2, which explain the severe phenotype observed in that disease. (2)

Although biological features mimic *HFE* hemochromatosis (high serum ferritin and serum transferrin saturation), clinical presentation is more severe with massive iron overload associated to cardiomyopathy, (3, 4) hypogonadism, diabetes, cirrhosis, and an increased risk of death. (5, 6) The p.Gly320Val (c.959 G>T) is the most frequent variant responsible for *HJV* hemochromatosis, as reported in the first description of Papanikolaou et al. (1) and in many other studies since. (7-10) For now, more than 40 variants in *HJV* gene have been identified. (11)

The mainstay of the phenotypical presentation is young age at diagnosis, symptoms of iron overload appearing between the first and third decade. (1) Thus it is usually advised to test for *HJV* pathogenic variants in young patients (<30) with non *HFE* hemochromatosis. (12) (13, 14) However variable expressivity is well described in *HFE* hemochromatosis, (15) and has been reported in rare form of hemochromatosis (16-18). Regarding *HJV*, variable age of onset has been suggested in family from Japanese origin that may prompt to test for *HJV* even in patients older than 30. (19)

This study reports our experience of patients with *HJV* hemochromatosis, their clinical features and the results of genetic testing.

PATIENTS AND METHODS

Hemojuvelin (HJV) variants were screened as part of the diagnosis activity of the French Reference Centre for Rare Genetic Iron Overload Diseases between 2005 and 2016. Genetic testing for *HJV* was performed in 662 patients with elevated serum ferritin (men > 300 µg/L and women > 200 µg/L) and/or hepatic iron overload according to liver biopsy or magnetic resonance imaging (>100µmol/g), associated with high serum transferrin saturation. Patients with *HFE* p.Cys282Tyr homozygosity were excluded.

Human samples were obtained from the processing of biological samples through the Center for Health Biological Resources (Centre de Ressources Biologiques Santé - CRB Santé) of Rennes BB-0033-00056. The search protocol was conducted under French legal guidelines and fulfilled the requirements of the local institutional ethics committee. All blood samples for biochemical assays and genetic testing were collected prior to any treatment (phlebotomy or chelator).

Serum hepcidin-25 was quantified using a competition CE-marked Enzyme Immunoassay (EIA) kit (S-1337; Peninsula Laboratories International, San Carlos, CA, USA) following the instructions of the manufacturer. Serum samples were diluted in supplied standard diluent and analyzed in duplicate at 450nm on a microplate reader (Victor®-Perkin Elmer Massachusetts USA). Hepcidin concentrations were interpolated from standard curves generated by logistic 4-parameter nonlinear curve fitting. The intra-assay and interassay coefficient of variation was 3.5% and 6.3%, respectively and the lower quantification limit was 0,01nmol/l. The reference range for hepcidin concentration in normal subjects was 4 to 30 nmol/l.

Sequencing of the entire coding region and intronic flanking sequences of the *HJV* gene (NM_213653.3) was carried out. Sanger sequencing was performed until 2013 using the ABI Prism terminator cycle sequencing ready reaction kit and ABI prism 377 DNA sequencer (Applied Biosystems), or the BigDye terminator cycle sequencing kit and 3130 XL Genetic Analyser (Applied Biosystems). Since 2014, next-generation sequencing (NGS) has been performed using the Ion AmpliSeq Library Kit 2.0 and Ion PGM 200 Sequencing Kit (LifeTechnologies) following the manufacturer's protocol. Samples were sequenced on the Ion Torrent PGM and confirmed by Sanger analysis if a variant was found. To exclude association with variant in other genes involved in iron metabolism, sequencing of the *HFE*, *HAMP*, *SLC40A1* and *TFR2* coding and intronic flanking regions was performed. Moreover, microcytogenetic rearrangements were searched by multiplex ligation probe amplification (MLPA - MRC-Holland) on the five genes.

The pathogenicity of the newly identified missense variants was estimated according to their frequency in large public genetic databases (Exome Sequencing Project (20), 1000 Genome Project (21), Exome Aggregation Consortium (22)), in silico predictions, and functional and segregation data when available. Classification of already described and newly found variants has been established according to the American College of Medical Genetics and Genomics (ACMG) guidelines. (23)

Written informed consent for genetic analysis was obtained from all subjects or their parents if minors. Family study was offered when a variant was identified.

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RESULTS

Between 2005 and 2016, ten unrelated patients were diagnosed with HJV hemochromatosis. Their clinical and biological features are detailed in Table 1.

Genetic testing revealed five previously published variants: p.Gly320Val (c.959 G>T), p.Arg176Cys (c.526C>T), p.Leu101Pro (c.302 T>C), p.Arg385X (c.1153 C>T) and p.Arg288Trp (c.862 C>T) and five unpublished variants: p.Arg41Pro (c.122 G>C), p.Lys299Glu (c.895 A>G), p.His180Arg (c.539 A>G), p.Ala384Val (c.1151 C>T) and p.Cys361Arg (c.1081 T>C). Three patients were homozygous for the p.Gly320Val variant, one was homozygous for p.Arg385X and one for the p.Arg288Trp variant. Five patients were compound heterozygous: p.Arg41Pro/p.Arg176Cys, p.Leu101Pro/p.Lys299Glu, p.Leu101Pro/p.His180Arg, p.Leu101Pro/p.Ala384Val and p.Gly320Val/p.Cys361Arg. All new variants were found at a heterozygous state associated with a known pathogenic alteration.

Results of pathogenicity classification for these variants are reported in Table 1.

No deleterious variant was found in *HAMP*, *SLC40A1* and *TFR2* for these patients. However, sequencing of *HFE* revealed a p.Cys282Tyr/p.His63Asp compound heterozygosity in patient 9 and p.Cys282Tyr heterozygosity in patient 10. The variants identified are distributed all along the protein, without preferential location in one of the domains (Fig. 1).

Family study was available for 6 patients. Patient's 8 brother was homozygous for the p.Arg288Trp variant and had severe hemochromatosis with diabetes diagnosed at the age of 28. Screening in patient's 5 family uncovered the homozygous p.Arg385X variant in his 6 years old brother before the onset of iron overload or any clinical sign (normal serum transferrin saturation and ferritin). Heterozygosity was found in his parents, who had third degree consanguinity, and in his sister. In patient 2, 3, 6 and 7 who had heterozygous compound variants, family study identified heterozygous subjects for each variant, confirming that variants were situated in *trans*; all these individuals had normal iron blood tests.

Among this cohort, nine patients underwent phlebotomies which were well tolerated, whereas patient 5 and his brother both received iron chelating agents (deferasirox or deferoxamine), because of local practice habits. The two male patients with hypogonadism (patient 1 and 8) were treated with androgen replacement therapy.

DISCUSSION

Among the patients referred for non HFE hemochromatosis with elevated transferrin saturation to our centre between 2005 and 2016, we identified 10 patients with *HJV* related hemochromatosis. Five *HJV* variants were previously published and five are new pathogenic variants. Clinical expression was diverse, varying from few symptoms to full blown picture with multiple organ damages.

As reported in previous studies, the p.Gly320Val variant was the most frequent in our patients. Their phenotype was consistent and did not differ from patients with other variants. No correlation between the types of variant and clinical nor biological features was found, due to the number of different variants and the variability of phenotype.

Five new variants in *HJV* were identified in our patients. Phenotype suggested a deleterious impact of these variants in all cases. For 4 of these variants, family studies confirmed the heterozygous compound state as variants were located in *trans*. According to the new ACMG guidelines, two of these variants (p.Arg41Pro and p.Lys299Glu) are of uncertain significance whereas three of them (p.His180Arg, p.Ala384Val and p.Cys361Arg) are likely pathogenic.

The variants in the N-terminal half of the protein impairs *HJV*-BMP6 binding, whereas those in the C-terminal part seem to prevent *HJV* secretion and its cleavage by *TMPRSS6* (24, 25). The Arginine residues 41, 176 and 288 are important for the protein activity as their mutation decreases *HJV* membrane expression (26). However, unlike Arg¹⁷⁶ and Arg²⁸⁸ that are involved in *HJV* autoproteolysis, the variant p.Arg41Ala does not seem to have an impact on this process, although the reduced membrane expression could explain the milder phenotype observed in patient 2. Nevertheless, the Arginine to Proline variation discovered in our patient may impair the bone structure of the protein and prevent BMP-binding.

The newly found variant p.His180Arg affects a residue that forms an aromatic cage that stabilizes the highly conserved Arg¹⁷⁶. (26) This role of His¹⁸⁰ may explain why a variation could decrease *HJV* efficiency.

Although the *HJV* protein is folded due to four disulfide bonds, the Cys³⁶¹ (that corresponds to the Cys³⁵⁴ on the mouse protein) isn't involved in one of them. (27) Nevertheless, population, computational and allelic data allow us to classify the p.Cys361Arg as a likely pathogenic variant. Similarly the p.Lys299Glu and p.Ala384Val variants whose positions has not been investigated in functional studies, have convergent arguments to classify them as uncertain significance and likely pathogenic respectively.

The notable peculiarity of our study is the late age of onset in some patients, contrasting with the diagnosis of "juvenile" hemochromatosis. Five of our patients were 30 years old or older, including two very late discoveries, at 53 and 60 years old (patient 2 and 7). However biological features and severity of iron overload was similar in younger and older patients.

Reasons for this potential late expression are not obvious and do not seem to be linked to the type of variant. In the study by Koyama et al., variants in *HJV* were identified in the homozygous state in patients aged 48 and 51 with a phenotype similar to that of our patients. (19). In our study, both

patients 2 and 7 were compound heterozygous, respectively p.Arg41Pro/p.Arg176Cys and p.Leu101Pro/p.Ala384Val. The p.Arg176Cys variant had previously been described at a homozygous state in a 17-years old patient (28) and at a heterozygous state associated with the p.Gly320Val in a 5-years old patient (10). In the first description of the p.Leu101Pro variant, homozygous patients were aged from 8 to 23 years old (8). The p.Arg41Pro and p.Ala384Val were newly described variants which putative lower pathogenicity may explain this lower expressivity, although it may also be due to other genetic or environmental factors.

This variable age of onset and severity of HJV hemochromatosis is similar to the previously described variable expressivity of HFE (15) or TFR2 (16) related hemochromatosis. Of note their suggested interaction in the same signaling cascade at the cell membrane (2, 29) could explain similar susceptibility to modifying factor eventually leading to hepcidin deficiency. Thereby, patient 9 who had the highest serum ferritin was compound heterozygous p.Cys282Tyr/p.His63Asp in *HFE* which could have contributed to enhance the expression of disease.

In conclusion, our study shed new light on HJV hemochromatosis and suggests that although its clinical expression is often typical, milder phenotype and late onset are possible. Thus, genetic testing for *HJV* variants should not be restricted to young patients or severe iron overload and should be proposed in all cases of non p.Cys282Tyr *HFE* hemochromatosis with hepcidin deficiency phenotype.

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HHR, ZBA, LD and EBJ gathered and analyzed the data and wrote the manuscript. HHR and VD performed the genetic testing. MR performed the biochemical testing. SA, DS, GP and YD included the patient and gathered the data. All authors critically reviewed the manuscript.

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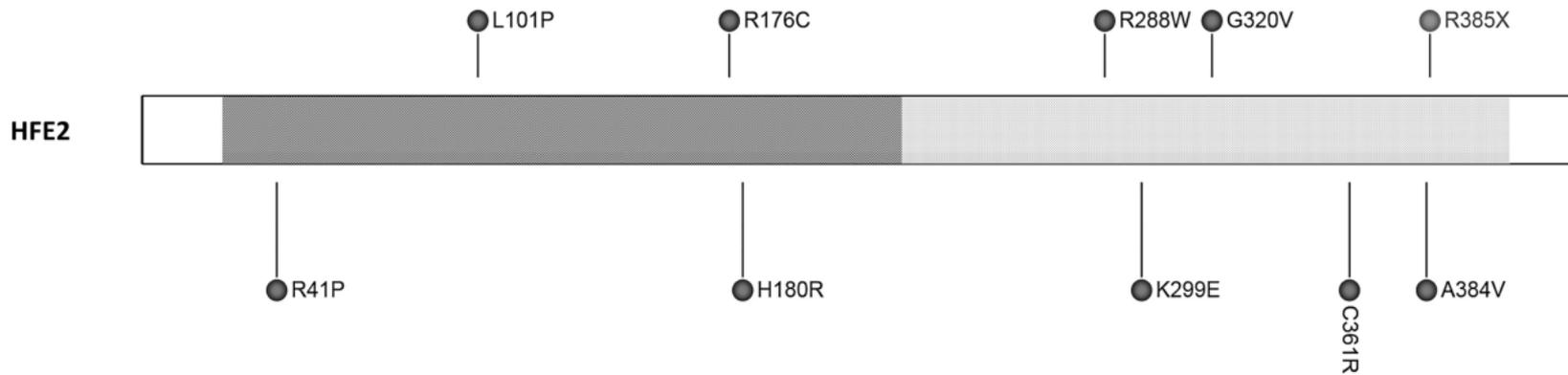
Figure 1 legend: Distribution of the variants found in our cohort. Five variants have already been published (upper line) but the five others have been newly identified in our cohort, always at a heterozygous state associated with a known alteration. These variants seem to be evenly distributed on the protein. Construction was made using ProteinPaint. (30)

Table 1: clinical and biological features

N°	Sex, age and ethnic origin	Clinical signs	Ferritin (ng/ml)	Tf sat (%)	Hepcidin (nmol/l)	Liver iron Content (MRI) (normal range: <36 μmol/g)	Liver biopsy	HJV variants	Variant classification
1	M, 28 Caucasian	Hypogonadism	3300	58		350		p.Gly320Val (c.959G>T) +/+	Pathogenic
2	M, 53 Caucasian	Arthralgia Skin hyperpigmentation	4220	86			Massive iron overload, cirrhosis	p.Arg41Pro (c.122G>C) +/- p.Arg176Cys (c.526C>T) +/-	Uncertain significance Pathogenic
3	F, 27 Caucasian	Cardiac failure Diabetes Secondary amenorrhea Severe Arthropathy Skin hyperpigmentation		85	1.6		Iron deposits, no fibrosis	p.Leu101Pro (c.302T>C) +/- p.Lys299Glu (c.895 A>G) +/-	Pathogenic Uncertain significance
4	M, 31 Caucasian		3700	91			Important iron overload, severe fibrosis	p.Gly320Val (c.959G>T) +/+	Pathogenic
5	M, 8 North African	Asthenia	282	83	0.7	190		p.Arg385X (c.1153C>T) +/+	Pathogenic
6	M, 31 Caucasian	Arthralgia	2300	100			Iron overload 433 μmol/g	p.Leu101Pro (c.302T>C) +/- p.His180Arg (c.539A>G) +/-	Pathogenic Likely pathogenic
7	F, 60 Caucasian	Asthenia Diabetes Skin hyperpigmentation	4800	86	1.1	340		p.Leu101Pro (c.302T>C) +/- p.Ala384Val (c.1151 C>T) +/-	Pathogenic Likely pathogenic
8	M, 32 Caucasian	Hypogonadism	4959	90		350		p.Arg288Trp (c.862 C>T) +/+	Likely pathogenic
9	F, 30 Caucasian	Secondary amenorrhea Arthralgia Atrial fibrillation	7137	100		Massive overload	Massive iron overload, cirrhosis	p.Gly320Val (c.959G>T) +/- p.Cys361Arg (c.1081T>C) +/-	Pathogenic Likely pathogenic
10	F, 16 Caucasian	Asthenia Hypogonadism Skin hyperpigmentation	2270	89		300		p.Gly320Val (c.959G>T) +/+	Pathogenic

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Already described variants



Newly found variants

PROTEIN

-  RGM_N : Repulsive Guidance Molecule (RGM), N-terminus
-  RGM_C : Repulsive Guidance Molecule (RGM), C-terminus

Figure 1