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Biocompatible Conjugated Fluorenylporphyrins for Two-photon Photodynamic Therapy and Fluorescence Imaging

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The photophysical properties of a new series of fluorenyl porphyrins bearing water-solubilising oligoethyleneglycol chains are described. These biocompatible compounds present very good two-photon absorption and singlet oxygen generation properties, while retaining some fluorescence in water. After testing in vitro on breast cancer cells, some of them were shown to be efficient non-toxic two-photon photosensitisers allowing for fluorescence imaging, thus demonstrating their theranostic potential.

Photodynamic therapy (PDT) is an emerging technique for the treatment of cancers and other diseases, such as age-related macular degeneration (ARMD) or bacterial infections requiring the use of an efficient oxygen photosensitiser (PS). The activation of such PSs by two-photon
excitation rather by one-photon excitation offers several advantages over classical PDT, including an increased penetration depth of the excitation beam in tissues thanks to the use of near infrared (NIR) wavelengths and an intrinsic three-dimensional resolution allowing for better spatial control of the $^{1}O_2$ generation. However, to achieve efficient treatments, the PSs have to be specifically designed for two-photon excitation and have to fulfill different requirements such as very large two-photon absorption (2PA) cross-sections in the biological window (700-1000 nm) and high singlet oxygen production quantum yields for oxygen sensitisation. Furthermore, if the PS is fluorescent, two-photon fluorescence monitoring can additionally be performed, leading to theranostic applications.

Current clinical and preclinical photosensitisers are mostly porphyrin derivatives, which exhibit too low 2PA cross-sections in the NIR range (10 GM for Photofrin and 50 GM for Visudyne) to be of any use for two-photon PDT (2P-PDT). While strong enhancements of the 2PA cross-sections can be achieved with extended $\pi$-delocalised systems, such as conjugated porphyrin dimers and oligomers, fused porphyrin arrays or expanded porphyrins, this large increase in the 2PA response is often obtained at the expense of other key photophysical properties (luminescence quantum yield, absence of overlap with any one-photon absorption in the NIR), which results in the loss of the intrinsic advantages of 2P-PDT over 1P-PDT, notably the 3D spatial selectivity of the therapy. To enhance intrinsic 2PA while retaining (or improving) the photosensitisation and fluorescence properties of isolated porphyrins, non-conjugated assemblies based on FRET from donor two-photon absorbers to acceptor porphyrin photosensitisers have been developed. A related approach has been focused on “semi-disconnected” systems in which a weak conjugation between two-photon absorbing (linear or dendritic) peripheral antennae and a central porphyrin core is maintained. In such systems, the different parts of the PS do not behave fully independently, but maintain some electronic interaction, allowing to speed up the intramolecular energy transfer between them, i.e. between the peripheral 2PA-antennae and the porphyrin core at the origin of the oxygen photosensitisation. In such molecular assemblies, enhancement of the 2PA efficiency of the peripheral branches does only marginally affect the key photophysical properties of the central core.

For such an approach, we have tested several star-shaped porphyrins, among which 1a and 2a were our best candidates for 2P-PDT based on the photophysical properties in organic solvents (Scheme 1). Thus, they present intrinsic 2PA cross-sections of 380 and 770 GM, respectively, and comparable or better fluorescence and photosensitisation properties than tetraphenylporphyrin (H$_2$TPP). In this communication, we now want to report the performances of their biocompatible analogues (1b and 2b-c) featuring hydrophilic triethyleneglycol (TEG) chains in place of some of the butyl chains of 1a and 2a.
Scheme 1 Selected meso-tetraarylporphyrin-based semi-disconnected PSs.

The synthesis of the reference compounds 1-2a has been described previously, whereas that of the new compounds 1b and 2b-c will be detailed elsewhere (see ESI for their characterisation). Briefly, these PSs were obtained similarly to 1-2a in a multistep sequence using fluorene synths functionalised with TEG chains. The absorption spectra of these fluorenyl porphyrins display typical characteristics of tetraarylporphyrins (Table 1), such as an intense Soret band near 430 nm and four Q-bands in the 515-655 nm range, along with a strong structured band in the UV range (300-400 nm), corresponding to the absorption of the conjugated arms (Table 1 and Fig. 1). Their emission spectra are also diagnostic of porphyrin emission with two Q(0,0) and Q(0,1) peaks. Their excitation spectra closely resemble the corresponding absorption spectra (ESI, Fig. S1). Notably, likewise to 1-2a, the new compounds 1b and 2b-c also exhibit quantum yields for singlet oxygen generation similar to that of H₂TPP, showing that the increase of their fluorescence efficiency (in comparison with H₂TPP) is not obtained at the expense of the singlet oxygen production. The replacement of butyl chains with TEG chains on the fluorenyl units has therefore a very limited influence on their linear optical properties in organic media of low polarities. Absorption and emission spectra of 1b and 2b-c were also recorded in water (ESI, Fig. S2 and Table S1) and these compounds were thus shown to retain some fluorescence, even if their quantum yields are clearly lower than in THF (3% instead of 20-22%).
Two-photon absorption (2PA) measurements in the NIR were then conducted by two-photon excited fluorescence (2PEF) measurements in THF in the femtosecond regime (Table 1 and ESI, Fig. S3). A fully quadratic dependence of the fluorescence intensity on the excitation power was observed for each sample at all the wavelengths probed in the 790-920 nm range, indicating that the cross-sections so determined are due only to 2PA (ESI, Fig. S4-S6). The 2PEF emission spectra are diagnostic of porphyrin emission and closely resemble the corresponding 1PEF emission spectra (ESI, Fig. S7-S9). The 2PA cross-sections are significantly larger than that of H$_2$TPP (12 GM at 790 nm), especially for porphyrins 2b-c which feature extended arms (810-820 GM at 790 nm; Table 1). Again, comparison of the 2PA cross-section values found for 1b and 2b-c with those of their analogues 1-2a reveals that replacement of the butyl chains with TEG chains has almost no influence on the 2PA properties.

Table 1 Photophysical properties of porphyrins 1a-b and 2a-c.

| Cpd | $\lambda_{\text{max}}$ (nm) | $\varepsilon_{\text{Soret}}$ (M$^{-1}$ cm$^{-1}$) | $\lambda_{\text{em}}$ (nm) | $\phi_{\text{F}}$ | $\tau$ (ns) | $\phi_{\text{F}}^{\text{e}}$ | $\phi_{\text{F}}^{\text{e}}$ | $\sigma_{2\text{max}}$ (GM) | $\delta_{\phi_{\text{F}}^{\text{e}}}$ (GM) | $\delta_{\phi_{\text{F}}^{\text{e}}}$ (GM) | Enhancement factor$^f$ |
|-----|-----------------|------------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| H$_2$TPP$^a$ | l | 420 | 514, 548, 590, 649 | 440000 | 652, 719 | 0.11 | 9.9 | - | 0.60 | 12 | 1.3 | 7.2 | 1 |
| 1a | 324 | 426 | 518, 555, 592, 650 | 670000 | 657, 722 | 0.20 | 8.3 | - | 0.70 | 380 | 76 | 266 | 37 |
| 1b | 322 | 425 | 518, 554, 595, 650 | 617000 | 657, 722 | 0.20 | 9.9 | 0.03 | 0.60 | 340 | 68 | 204 | 28 |
| 2a | 339 | 432 | 520, 557, 598, 652 | 669000 | 660, 726 | 0.23 | 8.0 | - | 0.62 | 770 | 177 | 477 | 66 |
| 2b | 343 | 430 | 520, 557, 596, 652 | 607000 | 659, 724 | 0.21 | 9.7 | 0.03 | 0.59 | 810 | 170 | 478 | 66 |
| 2c | 343 | 430 | 520, 558, 596, 653 | 583000 | 660, 727 | 0.22 | 9.8 | 0.03 | 0.58 | 820 | 180 | 476 | 66 |

$^a$ Data from lit. $^b$ Data in dichloromethane, form lit. $^c$ Data in THF (this work). $^d$ Fluorescence quantum yield, using H$_2$TPP in toluene ($\phi_{\text{F}} = 0.11$) as standard, upon excitation at Soret band. $^e$ Fluorescence quantum yield in water. $^f$ Singlet oxygen production quantum yield in dichloromethane, determined relative to H$_2$TPP in dichloromethane ($\phi_{\Delta \sigma} [H_2 \text{TPP}] = 0.60$). $^g$ Intrinsic 2PA cross-sections at 790 nm (10$^{-4}$ M solutions) measured by 2PEF. $^h$ Data from lit. $^i$ Two-photon excited oxygen sensitisation enhancement factor: $\phi_{\Delta \sigma}$ of the compound normalised to that of H$_2$TPP.

Fig. 1 Normalised absorption and emission spectra of 1b, 2b and 2c in THF.
Along with their solubility in water, their large singlet oxygen quantum yields ($\Phi_\Delta$) and large 2PA cross-sections ($\sigma_2$) make 1b and 2b-c promising candidates for achieving 2P-PDT, since they present high $\Phi_\Delta\sigma_2$ values, a figure of merit commonly used for evaluating two-photon excited oxygen sensitisation properties of PSs. To check that point, their theranostic potential (diagnosis and cancer therapy) was investigated on human breast cancer cells (MCF-7) under two-photon excitation. At first, their biocompatibility was evaluated in vitro. For this, MCF-7 cells were incubated for 72 h in the darkness, with increasing concentrations of each porphyrin (from 0.1 to 200 $\mu$g mL$^{-1}$). Results demonstrated no cytotoxicity up to 50 $\mu$g mL$^{-1}$ (ESI, Fig. S10). Compound 2b was the less cytotoxic of these compounds in the absence of light excitation (30% of cell death at 200 $\mu$g mL$^{-1}$).

The efficiency of these compounds in two-photon excited photodynamic therapy (2P-PDT) was next studied. MCF-7 cells were thus incubated for 24 h with porphyrins at a concentration of 25 $\mu$g mL$^{-1}$ and subsequently irradiated with a pulsed laser (Fig. 2). Irradiation was performed at 790 nm by 3 scans of 1.57 sec each one, with a focused laser beam (LSM 780, Chameleon) at the maximum laser power. Whereas these compounds exhibit no significant cytotoxicity without irradiation, after irradiation of less than 5 seconds ($3 \times 1.57$ sec), the cell death quantification assay performed 2 days after irradiation clearly demonstrates a decrease in living cells with all compounds. The strongest effect was observed for 2b with 72% of cell death. Porphyrin 2b exhibits thus a higher efficacy than 1b (40% cell death), in line with its higher $\Phi_\Delta\sigma_2$ figure of merit at 790 nm. However, other parameters have also to be considered to rationalise this observation, as 2c, which exhibits exactly the same $\Phi_\Delta\sigma_2$ value than 2b, has a much lower 2P-PDT efficacy (25% cell death). Porphyrins 2b and 2c have exactly the same overall structure and differ only by the substituents $R^1$ on the “inner” fluorenes. Thus, the strong effect stated on the biological properties, induced by an apparently small structural difference, might be related to other parameters than purely photophysical ones. Modifications of the hydrophilicity-hydrophobicity balance, internalisation ability, and/or the aggregation behaviour in biological media are likely hypotheses.

Finally, the possible detection of cancer cells by two-photon fluorescence imaging was investigated after incubation of the same cells with 25 $\mu$g mL$^{-1}$ of porphyrins for 24 h. All these PSs are highly internalised and prove highly luminescent upon excitation at 790 nm (Fig. 3 and ESI, Fig. S11). In line with its larger 2PA cross-section, compound 2b is much brighter than the others upon two-photon excitation. More unexpected is the fact that this compound outperforms 2c, whereas both compounds have the same two-photon brightness ($\Phi_F\sigma_2$). Again, other parameters than pure photophysical ones seem to be at the origin in this phenomenon.
Fig. 2 2P-PDT efficacy of porphyrins on human breast cancer cells (MCF-7) after 24 h incubation with 1b and 2b-c at a concentration of 25 µg mL\(^{-1}\) during 24 h and irradiated with a focused laser (10×/0.3) at 790 nm by 3 pulses of 1.57 s each (900 mW cm\(^{-2}\) output before the objective). Values are the mean of three experiments and error bars represent standard deviation.

Fig. 3 Cancer cell uptake of porphyrins. Human breast cancer cells (MCF-7) were incubated for 24 h with porphyrins at a concentration of 25 µg mL\(^{-1}\). Membranes were stained with CellMask visualised in red under \(\lambda_{\text{exc}} = 561\) nm. Porphyrins were excited with pulsed laser \(\lambda_{\text{exc}} = 790\) nm and appeared in green. Fluorescence imaging was performed on living cells with LSM780 (Chameleon), magnification 63×, laser power 1.5%.
In conclusion, the new fluorenyl porphyrins 1b and 2b-c bearing water-solubilising TEG chains exhibit comparable singlet oxygen quantum yields and 2PA cross-sections than their lipophilic analogues 1a and 2a, and retain sufficient fluorescence in water for two-photon fluorescence imaging. Based on the figure of merit used for 2P-PDT, a 28-fold enhancement is found for porphyrin 1b, whereas a remarkable 66-fold enhancement is found for both 2b and 2c relative to H2TPP. This makes them promising PSs for theranostic applications. Accordingly, the first in vitro testing with MCF-7 breast cancer cells confirms these expectations: the compounds are biocompatible and non-toxic in the dark, and become lethal for the cells after brief two-photon laser irradiations in the near-IR. Furthermore, owing to their fluorescence, their distribution and their internalisation within cells can be monitored by (two-photon) fluorescence imaging. Thus, these compounds are promising for combined two-photon photodynamic therapy and imaging, demonstrating their theranostic potential, the compound 2b being the best candidate in this respect. This study also reveals that other factors than photophysical one (reflected by the classical figures of merit $\Phi_\Delta \sigma_2$ and $\Phi_F \sigma_2$) need to be considered to understand their efficacy in vitro. Further work aimed at identifying these additional parameters is underway.

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**Conflicts of interest**

There are no conflicts to declare.

**Notes and references**


Three new biocompatible porphyrin-based oxygen photosensitisers were tested *in vitro* on breast cancer cells via 2P-PDT: one of them, 66 times more active than H₂TPP, gave quite promising results for theranostic applications.