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Is rifampin use associated with better outcome in staphylococcal prosthetic valve endocarditis? A multicenter retrospective study

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Key points: In this cohort study of 180 patients with staphylococcal prosthetic valve endocarditis, rifampin use was associated neither with better survival, nor with lower risk of relapse. Cerebral emboli, definite endocarditis, and methicillin-resistant *S. aureus* were independently associated with one-year mortality.

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ABSTRACT

Background. International guidelines recommend rifampin-based combinations for staphylococcal prosthetic valve endocarditis (PVE). However, no robust clinical data supports this recommendation, and rifampin tolerability is an issue. We aimed to evaluate the impact of rifampin for the treatment of staphylococcal PVE.

Methods. An observational retrospective cohort study of all adults with staphylococcal PVE (modified Duke criteria) was conducted in three referral centers for endocarditis, during years 2000-2018. Primary outcome measurement was one-year mortality.

Results. We enrolled 180 patients with PVE due to *Staphylococcus aureus* (n=114, 63.3%), or coagulase-negative staphylococci (n=66, 36.7%), on bioprosthesis (n=111, 61.7%), mechanical valve (n=67, 37.2%), or both (n=2). There were 132 males (73.3%), and mean age was 70.4±12.4 years. Valvular surgery was performed in 51/180 (28.3%) cases. Despite all isolates were susceptible to rifampin, only 101 (56.1%) were treated with rifampin, for a median duration of 33.0 days, while 79 (43.9%) received no rifampin. Baseline characteristics were similar in both groups. One-year mortality was, respectively, 37.6% (38/101), and 31.6% (25/79), in patients treated with, or without, rifampin ($P=0.62$). Relapse rates were 5.9% (6/101), and 8.9% (7/79), $P=0.65$. Patients treated with rifampin had longer hospital length-of-stay: 42.3±18.6 vs. 31.3±14.0 days ($P<0.0001$). On multivariate analysis, only cerebral emboli (OR 2.95, CI95% 1.30-6.70, $P=0.009$), definite endocarditis (OR 7.15, 1.47-34.77, $P=0.018$), and methicillin-resistant *S. aureus* (OR 6.04, 1.34-27.26, $P=0.019$), were associated with one-year mortality.

Conclusions. A large proportion (43.9%) of staphylococcal PVE received no rifampin. One-year survival and relapse rates were similar in patients treated with or without rifampin.

Keywords. Rifampin; prosthetic valve; endocarditis; mortality; relapse

INTRODUCTION

The profile of infective endocarditis (IE) has dramatically changed over the last decades, with the emergence of healthcare-associated IE (1,2), including prosthetic valve IE (PVE). In parallel, staphylococci became the leading cause of IE in most contemporary cohorts. The prospective cohort study of the International Collaboration on Endocarditis (ICE) found that *Staphylococcus aureus* and coagulase-negative staphylococcus (CoNS) are responsible for, respectively, 23% and 17% of PVE (3). Staphylococcal PVE are associated with high one-year mortality rates, ranging from 40% to 80% (4). Hence, optimal antibacterial treatment is of paramount importance for staphylococcal PVE.

The two major international guidelines, from America and Europe, are remarkably concordant regarding antibiotic regimen to apply in patients with staphylococcal PVE. It relies on intravenous (i.v.) anti-staphylococcal penicillin or cefazolin for methicillin-susceptible staphylococci, and i.v. glycopeptides or lipopeptides for methicillin-resistant staphylococci (5), combined with i.v. gentamicin during the first two weeks, and rifampin for the whole duration of treatment, i.e. six weeks. Minor discrepancies are found regarding rifampin administration, with a recommended daily dose from 600 to 1200 mg, oral or i.v., divided in 2 or 3 intakes per day (6,7), but its use is strongly encouraged, labelled as class 1 recommendation both for the American Heart Association (7), and the European Society of Cardiology (6). However, due to the absence of any randomized clinical trial supporting this position, this recommendation is only associated with a B level of evidence.

Rifampin is a rifamycin B derivative, which inhibits bacterial RNA polymerase by blocking the path of elongating RNA (8). It is believed to have a special role in prosthetic devices infection, due to its activity on planktonic bacteria embedded in biofilms, which would contribute to eradicate bacteria attached on foreign material, thereby reducing the risk

of relapse (5,6). However, experimental and clinical data on the impact of rifampin-based combinations remain limited in the field of PVE, and rifampin use has been associated with severe adverse events, including the potential for interactions with a large number of drugs (anticoagulants, antiepileptics, immunomodulators, etc.) (9). Given the poor level of evidence supporting the systematic use of rifampin-based combination for the treatment of staphylococcal PVE, we aimed to evaluate the risks and the benefits associated with rifampin use through a retrospective multicenter study of patients managed in referral centers for IE.

METHODS

Design, Setting and Patients

This observational multicenter retrospective cohort study was conducted in three referral centers for IE in western France: Brest, Nantes and Rennes (population catchment area, 7 million inhabitants). In these centers, all patients with suspected IE are managed by a multidisciplinary team including members from cardiac surgery, cardiology, infectious diseases, and microbiology departments. Most patients received medical and surgical treatment in agreement with international guidelines, i.e. the American Heart Association (AHA) guidelines until 2009, the European Society of Cardiology (ESC) guidelines from 2009 to 2015, and a combination of both since they were updated in 2015.

All adult patients (≥ 18 years old) with a diagnosis of staphylococcal PVE treated from January 2000 through June 2018 in Rennes, and from January 2010 through June 2018 in Nantes and Brest, were enrolled in the study. Patients were identified using the French hospital discharge database (French acronym PMSI): All medical charts with a discharge diagnosis of IE were individually screened. In one site (Nantes), a prospective cohort study of

all patients with IE was initiated in January 2013. Hence, for this site, patients were enrolled through this cohort between January 2013 and July 2018. Patients were included if they were classified as definite or possible IE according to the modified Duke criteria (10), due to *S. aureus* or CoNS, with the involvement of at least one prosthetic valve. The exclusion criteria were history of congenital heart disease, aortic root replacement, and transcatheter valve replacement.

Data collection

Data for clinical, microbiological, echocardiographic variables, as well as management of PVE and follow-up, were collected on a standardized questionnaire from medical charts. The data collected were entered into a database created specifically for the study by a single investigator (ALB).

Ethics

The study was approved by an institutional review board, the Ethical Committee of Research in Tropical and Infectious Diseases (CER-MIT, n°2019-0703).

Definitions

All study definitions, outcomes, and variables were determined *a priori*. The Charlson comorbidity index (11) was calculated retrospectively with the comorbidities reported at the time of admission. Early-PVE was defined as IE occurring within 60 days after prosthetic valve implantation (5). Healthcare-associated IE was defined as either nosocomial (IE developing in a patient hospitalized for more than 48 hours), or non-nosocomial healthcare-associated infection, as defined elsewhere (3). Intracardiac devices were permanent pacemakers or cardioverter-defibrillators. Cerebral emboli were defined as acute onset of neurological symptoms attributed to stroke and confirmed on brain imaging. Early valve

surgery was defined as valve surgery within 60 days after the diagnosis of endocarditis (4). All patients received appropriate i.v. antibiotics, *i.e.* cefazolin or anti-staphylococcal penicillin (cloxacillin, oxacillin), combined with gentamicin for methicillin-susceptible staphylococci, and glycopeptides (vancomycin), or lipopeptides (daptomycin), combined with gentamicin for methicillin-resistant staphylococci, at the doses recommended in the 2015 international guidelines (6,7).

Outcomes

The primary endpoint was death from any cause during the one-year follow-up. Relapse was defined as a new diagnosis of IE caused by the same microorganism as the initial PVE, within six months. Hospital length of stay was defined as the time from the first positive blood culture, to discharge. Vitamin K antagonists (VKA) imbalance was defined by two consecutive International Normalized Ratio (INR) >4 or <1.5 more than 7 days after treatment start. Bleeding complications were defined as hemoglobin decrease >2 g/dL between two measurements, or any life-threatening hemorrhage reported in the medical chart.

Statistical Analysis

We compared two mutually exclusive groups of patients: i) patients who were treated with rifampin-based combination; ii) patients who received no rifampin throughout PVE treatment. Patients were allocated to the rifampin group if they received at least one dose of rifampin. Quantitative variables were expressed as mean \pm standard deviation, or as median with interquartile range [IQR], as appropriate. Qualitative variables were expressed by frequency and percentage. Continuous variables were compared using the Mann-Whitney test or the exact *t*-test, as appropriate. Categorical variables were compared using the Chi² test with Yates continuity correction. Multivariate analyses were performed using exact logistic regression. Clinically relevant factors associated to outcome with $P < 0.20$ in the univariate

analysis, and variables associated with 1-year-mortality in the literature were included in the multivariate model. All tests were two-tailed, and significance was set at $P<0.05$. Statistical analyses were performed using PRISM (v5.0 for Windows, GraphPad Software, Inc., CA, USA) and STATA (v. 9.0 for Windows, Statacorp LLC, TX, USA).

RESULTS

Demographics and baseline characteristics

During the study period, 180 episodes of staphylococcal PVE were managed in the participating sites, classified as definite (n=149), or possible (n=31). Of them, 101 (56.1%) received an antibiotic regimen with rifampin, and 79 (43.9%) were treated without rifampin (Fig 1). They were 132 males (73.3%), and 48 females (26.7%), with a mean age of 70.4 ± 12.4 years. PVE occurred on bioprosthesis in 111 cases (61.7%), mechanical valves in 67 (37.2%), and both in two (1.1%). Cerebral emboli were reported in 53 (29.4%) cases. The causative agent was *S. aureus* in 114 (63.3%) episodes, including 17 (14.9%) with methicillin resistance. CoNS was responsible for 66 (36.7%) episodes, including 39 (59.0%) with methicillin resistance. None of the 180 isolates was resistant to rifampin. Valvular surgery was performed in 51 (28.3%) cases, most of them within 60 days after PVE diagnosis (94%). Sixty-two patients (34.4%) received VKA during the antibacterial treatment of their PVE. Baseline demographic, clinical and microbiological features of the 2 groups were similar, except for the proportion of *S. aureus* isolates resistant to methicillin, at 21.9% (14/64) in patients treated with rifampin, vs 6.0% (3/50) in patients who received no rifampin, $P=0.04$ (Table 1).

Rifampin treatment

The median duration of rifampin was 33.0 days (IQR, 12.5 – 41.2) with a median dose of 1200 mg per day (IQR, 900 – 1200 mg). Median time between first positive blood culture and rifampin start was 7 days (IQR, 3 - 15 days). Rifampin had to be prematurely discontinued because of severe adverse events in 31 patients (30.7%), mainly because of liver toxicity (n=11), digestive disorders (n=4), cytopenia (n=4), VKA imbalance (n=3), renal toxicity (n=2), allergy (n=2), treatment failure (n=2), or not specified (n=3). Of the 35 patients who were treated with VKA when rifampin was introduced, 15 (42.9%) presented VKA imbalance during rifampin treatment or during the week following rifampin discontinuation, deemed to be related to drug interactions (Supplementary Table 1). Four episodes of drug interactions with drugs other than VKA were identified, with methadone (n=2), phenytoin (n=1), and mianserin (n=1). None of these were responsible for rifampin discontinuation. No emergence of resistance to rifampin was observed in the six patients who relapsed with positive blood cultures.

Outcome

In-hospital mortality was 23.6% (42/180), and one-year mortality was 35.4% (63/180). Thirteen patients (7.3%) relapsed. Outcomes were similar in patients treated with, or without rifampin, except for hospital length-of-stay, with a mean of 42.3 days \pm 18.6 in patients treated with rifampin (n=101) vs 31.3 days \pm 14.0 in patients who did not receive rifampin, $P < 0.0001$ (Table 2). Results were similar when the analysis was stratified by pathogen (*S. aureus* and CoNS, Table 3), when it was restricted to patients with definite IE according to modified Duke classification (supplementary table 2), to patients with PVE due to methicillin-resistant staphylococci (supplementary table 3), or when it was restricted to patients who underwent no valve replacement (supplementary table 4).

The only factor associated with one-year mortality on univariate analysis was cerebral emboli. On multivariate analysis, cerebral emboli (odds ratio 2.95, CI95% 1.30-6.70, $P=0.009$), definite endocarditis according to modified Duke criteria (OR 7.15, 1.47-34.77, $P=0.018$), and methicillin-resistant *S. aureus* (OR 6.04, 1.34-27.26, $P=0.019$), were independently associated with one-year mortality (Table 4).

DISCUSSION

The major findings of this retrospective study of staphylococcal PVE managed in 3 referral centers for IE are the following: i) in spite of international guidelines, a large proportion of patients with rifampin-susceptible staphylococcal PVE are treated without rifampin (79/180, 43.9%); ii) baseline characteristics of patients treated with, or without rifampin, were similar; iii) rifampin use was not associated with any measurable benefit, neither for survival, nor for risk of relapse; iv) patients treated with rifampin had longer hospital length-of-stay, despite similar incidence of severe adverse events; v) the three variables independently associated with one-year mortality were cerebral emboli, definite endocarditis, and methicillin-resistant *S. aureus* PVE.

These discrepancies between international guidelines, and practices, regarding rifampin use in patients with staphylococcal PVE in three referral centers for IE, may be related to the limited clinical evidence supporting these guidelines. Pioneer studies in this field were of limited sample size, and mostly enrolled *Staphylococcus epidermidis* PVE (12,13). More recent studies found no difference in valve sterilization rate in patients with *S. aureus* IE treated with, or without rifampin (14), and that the addition of rifampin after valvular replacement during the acute phase of staphylococcal IE was not associated with lower mortality, or decreased risk of relapse (15). A case-control study even suggested that

rifampin use could be associated with increased mortality, and longer duration of staphylococcal bacteremia, in patients with *S. aureus* native valve IE (16). Nevertheless, beneficial effect of rifampin on another type of foreign-device infections (i.e. prosthetic joint) has been documented in a randomized trial (17). In addition, *ex vivo* studies and animal models have documented that rifampin is remarkable for its penetration, and bactericidal activity against dormant staphylococci within the biofilm (18–20). A recent post-hoc analysis of a large *S. aureus* bacteremia cohort suggested that antimicrobials combination, most of them containing rifampin, would be associated with reduced mortality and lower risk of late complications in patients with implanted foreign bodies (21).

The second reason why rifampin use is low in patients with staphylococcal PVE could be related to its association with adverse events, and drug interactions. Rifampin-related liver toxicity is not rare, mostly affects patients with underlying liver diseases (22), and may lead to treatment discontinuation in as much as 30% of patients (16,17), as in our cohort. Moreover, rifampin is a strong inducer of cytochrome P450 3A4 expression, thereby reducing plasma concentrations of several drugs (8). In our study, most clinically significant interactions were reported with VKA, but we found no increase of thrombo-embolic events, or bleeding complications. This may be due to close monitoring of these interactions in our centers experienced with rifampin use, primarily for treatment of staphylococcal prosthetic joint infections, and tuberculosis. The third potential reason behind the reluctance to use rifampin in staphylococcal PVE rifampin could be the theoretical risk of rifampin resistance emergence, especially in case of high inoculum or inappropriate backbone antistaphylococcal regimen (13,14). In PVE, some experts recommend delaying rifampin initiation after bacteremia has been cleared, to allow penetration and activity of other antibiotics into valvular vegetations before rifampin start (7). In our study, rifampin was started with a

median delay of 7 days after first positive blood culture, and no emergence of rifampin resistance was observed.

Despite similar baseline characteristics in patients treated with (n=101), or without (n=79) rifampin, rifampin use was associated neither with better survival, nor with reduced risk of relapse. This suggests that rifampin has no added value for the eradication of staphylococci from valvular prosthesis, contrarily to what experimental studies suggested. The only significant difference between patients treated with, or without rifampin, was the longer duration of hospital stay in patients treated with rifampin. This may be related to VKA imbalance, defined as INR >4 or <1.5, and documented in 42.9% of patients co-treated with VKA and rifampin in our study, as this is an indication to delay patients discharge in our practices. Drug interactions between rifampin and VKA are usually anticipated by increasing VKA dosing, under close supervision of INR. Hence, as the degree of drug interaction varies from one patient to another, the comedication may result in INR too low, or too high. This may delay patients discharge, which may be an explanation why, although we found no significant differences between patients treated with, or without, rifampin, for all outcomes criteria, the length of stay was significantly longer in patients who received rifampin (42.3 ± 18.6 days), than in patients who did not receive rifampin (31.3 ± 14.0 days, $P < 0.0001$). Of note, although rifampin was not associated with one-year survival, we found that definite IE according to modified Duke criteria, cerebral emboli, and methicillin-resistant PVE were all independent predictors of one-year mortality, in line with previous studies in the field (1,4,23,24), thus corroborating the relevance of our cohort study.

Our study has limitations. Firstly, as data were collected retrospectively, this study has potential bias, and confounding factors. However, the rate of missing data was very low, and data were collected by a single investigator (ALB), hence reducing heterogeneity. Secondly, although this study is, to our knowledge, the largest on staphylococcal PVE to date, it may

have been underpowered to detect any beneficial effect of rifampin, especially in certain subgroups (e.g. patients with no valve replacement), due to limited sample size. This limitation is particularly relevant for the effect of rifampin on the prevention of relapse, as only 13 relapses were identified in our study. Thirdly, as this observational study was conducted in three distinct sites, over a large period (2000-2018), there may be some heterogeneity in practices. However, this study was performed in referral centers, where patients were managed by a multidisciplinary team, according to international guidelines, so that these findings may apply to most sites with similar practices. Lastly, we have no data on rifampin exposure for the patients enrolled in this study, although wide inter-individual variability has been reported with this drug. Therapeutic drug monitoring of rifampin plasma concentrations may optimize its efficacy and tolerability, by allowing tailored rifampin dosing.

In conclusion, we found that a large proportion (43.9%) of staphylococcal PVE receive no rifampin in referral centers for IE, in spite of the strong recommendation for the use of rifampin-based combinations in international guidelines. Rifampin use was associated neither with better survival, nor with lower risk of relapse. These findings advocate for a randomized controlled trial to evaluate the impact of rifampin use for the treatment of staphylococcal PVE. Meanwhile, our study suggests that patients with staphylococcal PVE may be reasonably treated without rifampin in case of contra-indication, or poor tolerability.

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Table 1. Characteristics of 180 cases of staphylococcal prosthetic valve endocarditis treated with, or without, rifampin

Variable	Total (n=180)	Rifampin-based combination (n=101)	No rifampin (n=79)	P Value
Demographic features				
Age, years	70.4 ± 12.4	69.0 ± 12.8	72.2 ± 11.6	.08
Gender, male	132 (73.3)	74 (73.3)	58 (73.4)	.88
Charlson comorbidity index	4.7 ± 2.3	4.7 ± 2.4	4.5 ± 2.2	.56
Intravenous drug user	5 (2.8)	4 (4.0)	1 (1.3)	.53
Cirrhosis	9 (5.0)	4 (4.0)	5 (6.3)	.70
Healthcare-associated infection	108 (60.0)	57 (56.4)	51 (64.6)	.34
Clinical features				
Definite endocarditis (modified Duke)	149 (82.8)	88 (87.1)	61 (77.2)	.12
Type of prosthetic valve				
Bioprosthesis	111 (61.7)	60 (59.4)	51 (64.6)	.58
Mechanical prosthesis	67 (37.2)	41 (40.6)	26 (32.9)	.37
Both	2 (1.1)	0 (0)	2 (2.5)	.37
Prosthetic valve endocarditis location				
Aortic	138 (76.7)	78 (77.2)	60 (75.9)	.98
Mitral	25 (13.9)	14 (13.9)	11 (13.9)	.84
Tricuspid	3 (1.7)	2 (2.0)	1 (1.3)	.82
Pulmonary	1 (0.6)	1 (1.0)	0 (0)	.90
Multiple	13 (7.2)	6 (5.9)	7 (8.9)	.65
Interval between prosthetic valve implantation and endocarditis, months				
Early prosthetic valve endocarditis*	32 (4-104.5]	39 [8-117.5]	24 [1-98]	.16
Intracardiac device	34 (18.9)	14 (13.9)	20 (25.3)	.08
Osteoarticular infection	38 (21.1)	19 (18.8)	19 (24.0)	.50
Cerebral emboli	18 (10.0)	8 (7.9)	10 (12.7)	.42
Cerebral emboli	53 (29.4)	35 (34.7)	18 (28.8)	.12
Microbiological features				
<i>Staphylococcus</i> species				
<i>Staphylococcus aureus</i>	114 (63.3)	64 (63.4)	50 (63.3)	.88
Coagulase-negative staphylococci	66 (36.7)	37 (36.6)	29 (36.7)	.88
Methicillin resistance				
<i>Staphylococcus aureus</i>	17 (14.9)	14 (21.9)	3 (6.0)	.04
Coagulase-negative staphylococci	39 (59.0)	24 (64.9)	15 (51.7)	.41
Rifampin resistance				
	0 (0)	0 (0)	0 (0)	
Duration of bacteremia, days	5.5 ± 3.0	5.6 ± 3.6	5.5 ± 3.5	.98
Positive valve culture if surgery	11 (22)	5 (15.6)	6 (33.3)	.19

Treatment				
Valve surgery	51 (28.3)	34 (33.7)	17 (21.5)	.10
Early valve surgery [§]	48 (94)	32 (94.1)	16 (94.1)	.53
Interval between first positive blood culture and surgery, days	13 [8–20.2]	14.0 [11–19.5]	10.0 [5-17]	.23
Osteoarticular surgery	5 (27.8)	3 (37.5)	2 (20.0)	.77
Lifelong suppressive antibacterial treatment	7 (3.9)	2 (2.0)	5 (6.3)	.27
Vitamin K antagonists	62 (34.4)	35 (34.7)	27 (34.2)	.93
Heparin	83 (46.1)	52 (51.5)	31 (39.2)	.14

Quantitative variables are expressed as mean +/- standard deviation or median (IQR), qualitative variables are expressed by numbers (%); * time between valve implantation, and endocarditis, <60 days; [§] Cardiac surgery within 60 days after endocarditis diagnosis

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Table 2. Outcomes of 180 episodes of staphylococcal prosthetic valve endocarditis treated with, or without, rifampin

Variable	Total (n=180)	Rifampin-based combination (n=101)	No rifampin (n=79)	Odds-Ratio (CI 95%)	P Value
Mortality					
In-hospital mortality	42 (23.6)	26 (25.7)	16 (20.3)	1.4 (0.67-2.77)	.49
Six-month mortality	58 (32.6)	36 (35.6)	22 (27.8)	1.4 (0.76-2.72)	.34
One-year mortality	63 (35.4)	38 (37.6)	25 (31.6)	1.2 (0.66-2.28)	.62
Relapse	13 (7.3)	6 (5.9)	7 (8.9)	0.64 (0.21-2.02)	.65
Vitamin K antagonist imbalance during endocarditis	21 (33.9)	15 (42.9)	6 (22.2)	2.63 (0.85-8.11)	.15
Bleeding complication	23 (12.9)	13 (12.8)	10 (12.7)	1.02 (0.42-2.46)	.85
Length of stay, days	37 ± 17.6	42.3 ± 18.6	31.3 ± 14.0	-	<.0001

Quantitative variables are expressed as mean +/- standard deviation, qualitative variables are expressed by numbers (%)

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Table 3. Outcome of prosthetic valve endocarditis due to *Staphylococcus aureus* (n=114), and or coagulase-negative staphylococci (n=66) in patients treated with, or without, rifampin

Variable	<i>Staphylococcus aureus</i> (n= 114)				Coagulase negative staphylococci (n= 66)			
	Rifampin-based (n= 64)	No rifampin (n= 50)	Odd-Ratio (CI 95%)	P Value	Rifampin-based (n= 37)	No rifampin (n= 29)	Odd-Ratio (CI 95%)	P Value
Mortality								
In-hospital mortality	18 (28.1)	12 (24.0)	1.24 (0.53-2.89)	.78	8 (21.6)	4 (13.8)	1.72 (0.46-6.41)	.61
Six-month mortality	26 (40.6)	16 (32.0)	1.45 (0.66-3.16)	.45	10 (27.0)	6 (20.7)	1.42 (0.45-4.50)	.76
One-year mortality	27 (42.2)	18 (36.0)	1.30 (0.61-2.78)	.63	11 (29.7)	7 (24.1)	1.33 (0.44-4.01)	.82
Relapse	4 (6.3)	4 (8.0)	0.93 (0.22-3.91)	.79	2 (5.4)	3 (10.3)	0.49 (0.08-3.18)	.78
Vitamin K antagonist imbalance	9 (39.1)	4 (22.2)	2.25 (0.56-9.05)	.41	6 (50.0)	2 (22.2)	3.5 (0.50-24.3)	.40
Bleeding complication	10 (15.6)	10 (20.0)	0.72 (0.28-1.95)	.71	3 (8.1)	0 (0)	5.99 (0.29-120.8)	.33
Length of stay, days	42.8±20.1	30.7±14.7	-	.0006	41.4±16.1	32.4±12.9	-	.02

Quantitative variables are expressed as mean +/- standard deviation, qualitative variables are expressed by numbers (%)

1 **Table 4.** Univariate and multivariate analysis of variables associated with one-year mortality

Variable	Univariate				Multivariate	
	Dead during the 1-year follow-up (n=63)	Alive at 1-year (n=117)	Odd-Ratio (CI 95%)	P Value	Odd-Ratio (CI 95%)	P Value
Age, per one year increment	70.6 ± 13.2	70.3 ± 11.9		.73	0.98 (0.94-1.02)	.45
Gender, male	45 (71.4)	87 (74.4)	0.86 (0.43-1.71)	.80		
Charlson comorbidity index, per one point increment	5.1 ± 2.6	4.5 ± 2.1		.12	1.14 (0.91-1.44)	.24
Healthcare-associated infection	35 (56.6)	73 (64.0)	0.72 (0.39-1.37)	.41		
Definite endocarditis (modified Duke criteria)	57 (90.5)	92 (78.6)	2.38 (0.91-6.19)	.11	7.15 (1.47-34.77)	.018
Bioprosthesis	38 (60.3)	75 (64.1)	0.85 (0.45-1.60)	.73		
Mechanical prosthesis	25 (39.7)	43 (36.8)	1.16 (0.62-2.19)	.76		
Aortic location	44 (69.8)	94 (80.3)	0.57 (0.28-1.15)	.16	0.79 (0.25-2.46)	.68
Mitral location	8 (12.7)	17 (14.5)	0.86 (0.36-2.11)	.91		
Interval between prior cardiac surgery and endocarditis	31 (4-119)	35 (3-103)		.87	0.90 (0.62-1.29)	.56
Intracardiac device	11 (17.5)	27 (23.1)	0.71 (0.32-1.54)	.49		
Cerebral emboli	27 (42.9)	26 (22.2)	2.62 (1.35-5.10)	.006	2.95 (1.30-6.70)	.009
<i>Staphylococcus aureus</i>	45 (71.4)	69 (59.0)	1.74 (0.90-3.36)	.14		
Methicillin-resistant <i>S. aureus</i>	9 (14.3)	8 (6.8)	2.27 (0.83-6.22)	.17	6.04 (1.34-27.26)	.019
Methicillin-resistant coagulase-negative staphylococci	13 (20.6)	26 (22.2)	0.91 (0.43-1.93)	.95		
Duration of bacteremia	5.8 ± 3.3	5.4 ± 3.7		.37	0.88 (0.24-3.24)	.85
Valve surgery	14 (22.2)	36 (30.8)	0.64 (0.32-1.31)	.30	0.60 (0.24-1.52)	.29
Vitamin K antagonist during endocarditis treatment	17 (27.0)	45 (38.5)	0.59 (0.30-1.16)	.16	0.63 (0.26-1.56)	.32
Bleeding complication	6 (9.5)	12 (10.3)	0.92 (0.33-2.59)	.92		
Rifampin treatment	38 (60.3)	63 (53.8)	1.30 (0.70-2.42)	.50	0.90 (0.38-2.11)	.81

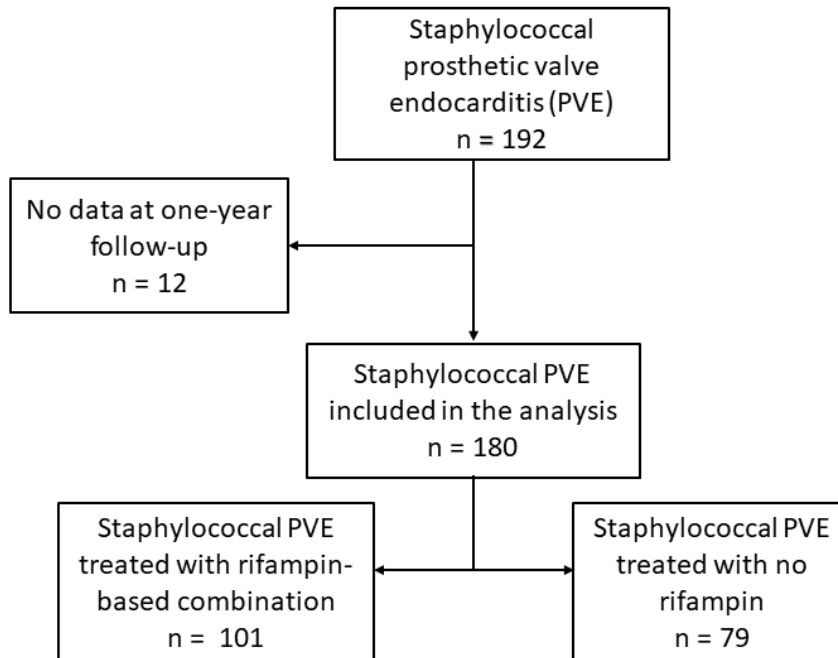
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3 Quantitative variables are expressed as mean +/- standard deviation or median (IQR) as appropriate, qualitative variables are expressed by numbers (%)

4 **Figure 1.** Flow diagram of patients enrollment

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Figure 1. Flow diagram of patients enrollment

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